

### September 2017

On English Muffin

## Riverside High School Breakfast Menu



On English Muffin

Bacon, Egg & Cheese

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**Cereal** 

**Assorted Cereal** 

available daily!

Monday

# **Tuesday**

**Wednesday** 

**Thursday** 

**Friday** 

Sausage, Egg &

Sausage, Egg &

**Cheese Sandwich** 

Sausage, Egg &

Sausage, Egg &

Cheese Sandwich

Cheese Sandwich

12

19

26

5

**Sandwiches** 

Served Daily!

Sausage, Egg and

**Cheese Sandwiches** 

Grab one and get to

class!

13

20

Ham, Egg & Cheese

On English Muffin

Ham, Egg & Cheese

Ham, Egg & Cheese

Ham, Egg & Cheese

Ham, Egg & Cheese

**Start here! Choose Entrée** 

Basically if it grows on a tree or vine,

you'll see it at some point. Fresh

Sausage, Egg & Cheese

14

21

Bacon, Egg & Cheese

15

Cheese Sandwich

**Bakery Served Daily!** Otis Spunkmeyer

> **Apple Cinnamon** Blueberry Asst.Breakfast Bars

Muffins

Maple Mini **Pancakes** 

French Tst Sticks w/

Sausage & Syrup

French Tst Sticks w/ Sausage & Syrup

French Tst Sticks w/ Sausage &Syrup

French Tst Sticks w/ Sausage &Syrup

+ Take 2 .... Any 2

fruits, and juice available daily.

Low fat, Low Fat Flavored and Skim available daily

# **GOOD FOR YOU**

**Fruits** 

Assorted Fresh Fruit Apples, Oranges, Bananas

**Assorted Juice** Apple, Orange, & Grape

**Bagels & Yogurt** 

Bagels w/Cream Cheese (plain or Strawberry)

**Assorted Yogurts** 



#### + Grab a Milk